

## Venue

### Holiday Inn Downtown Yakima

802 East Yakima Avenue  
Yakima, WA 98901

Conference will also be available streamed live on Zoom or a recording for those who can't make the date.

## Accommodations

### Holiday Inn Downtown

◆ \$129 - Group code "YMC"

Phone : 509-494-7000

## Accreditation



- ◆ 14 AMA PRA Category 1 Credits™
- ◆ 14 MOC points for the ABIM MOC Program
- ◆ Application for prescribed credit has been filed with the American Academy of Family Physicians. Determination of credit is pending.
- ◆ Approved for a total of 7 NP Pharmacology hours. (Fri.-3 & Sat. - 4)
- ◆ Approved by Washington State Board of Pharmacy for 14 Pharmacist CE Hours.
- ◆ Washington State accepts AMA PRA Category 1 Credits for NP's & PA's
- ◆ 14 equivalent CE credits for ANCC recertification
- ◆ 14 CE contact hours for the Washington State Board of Nursing.

## Questions

General questions

Diane Russo 509-989-9800  
russocme1@gmail.com

Accreditation & Registration questions

Melissa Neighbors 509-431-0718  
russocme@gmail.com

## Faculty Speakers

**Stuart Cardon, DPM**  
Board Certification: Podiatrist  
Foot & Ankle Surgery  
Yakima, WA

**Annelise Corcoran, PHD**  
Board Certification: Psychology  
Water's Edge Memorial Pain  
Relief Center  
Yakima, WA

**Gopi Dandamudi MD, MBA**  
Board Certification: Cardiology  
Virginia Mason Franciscan Health  
Tacoma, WA

**William Elliott, MD, PhD**  
Board Cert: Internal Medicine &  
Clinical Pharmacology  
Pacific Northwest University of  
Health Sciences  
Yakima, WA

**Kevin Foley, MD**  
Board Cert: Cardiology  
Pacific Northwest University of  
Health Sciences  
Yakima, WA

**Alan Greenwald, MD**  
Board Cert: ABOS  
Austria Orthopaedics  
Yakima, WA

**Ye Hu, MD**  
Board Certification: Neurology  
Virginia Mason Franciscan Health  
Seattle, WA

**Micha Huibka, MD**  
Board Cert: Thoracic and Cardiac Surgery  
Virginia Mason Franciscan Health  
Seattle, WA

**Tam Pham, MD, FACS**  
Board Certification: Radiation Oncology  
Harborview Medical Center  
Seattle, WA

**Donel Sequea, MD**  
Board Certification: Psychiatry  
Virginia Mason Franciscan Health  
Seattle, WA

**Dithi Shetty, MD**  
Board Cert: Infectious Disease  
Yakima, WA

**Mark Uhlman, MD**  
Board Cert: Urology  
Yakima Urology Associates  
Yakima, WA

**Ming Zhang, MD, PhD,**  
Board Cert: Cardiology  
Virginia Mason Franciscan Health  
Seattle, WA

**Timothy Zisman, MD**  
Board Cert: Gastroenterology  
Virginia Mason Franciscan Health  
Seattle, WA

Non Profit  
US Postage Paid  
Permit 307  
Moscow, ID



700 S Main St  
Moscow, ID 83843

UW Medicine

Yakima Women's Health Medical Conference

14 AMA PRA Category 1 Credits™  
Continuing Medical Education



In Person & Virtual

# Yakima Valley Medical Conference

14 AMA PRA Category 1 Credits™  
Continuing Medical Education



March 11 & 12, 2022

Early Registration: February 11, 2022

Regular Registration: March 2, 2022

www.RussoCME.com

- 7:30AM Registration/Exhibits**
- 7:50AM Introduction**
- 8:00AM Flat Feet | Stuart Cardon, DPM**
  - Discuss etiology of adult acquired flat feet
  - Pathologic pediatric flat foot
  - Simple gait analysis
- 9:00AM Adverse Effects of Antihypertensive Drugs | William Elliott, MD, PhD**
  - Common and rare adverse effect
  - Consideration of discontinuing the medication
  - Responds to an appropriate change in Meds
- 10:00 AM Break/Exhibits**
- 10:20AM Gastroesophageal Reflux Disease (GERD) | Micha Huibka, MD**
  - Pathophysiology • Indications for surgery for GERD • Differences between surgery for GERD and Paraesophageal Hernia
- 11:20AM Role of Behavioral Health in Managing Chronic Pain | Annelise Corcoran, PHD**
  - Definition of a biopsychosocial model of pain
  - Identify risk of addiction with opioid medications
  - Increase patients' efficacy coping with pain
- 12:20PM Lunch Break/Exhibits**
- 1:15 PM Atrial Fib: Beyond Rate vs Rhythm Kevin Foley, MD**
  - Alternatives in assessing the burden of Atrial Fibrillation • Greater facility in use of newer anticoagulants • Be aware of higher risk patients requiring particular attention
- 2:15 PM Afternoon Break/Exhibits**
- 2:30 PM Contemporary Management of Atrial Fibrillation | Gopi Dandmudi, MD**
  - Management strategies, including rate vs rhythm control • AF ablation
  - Role of appendage occluder devices
- 3:30 PM Update on Invasive Cardiology Ming Zhang, MD**
  - CAD management • Left atrial appendage occlusion • Update on valvular intervention
  - Invasive therapy for advanced heart failure
- 5:30 PM Conference Adjourned**

- 7:30AM Registration/Exhibits**
- 7:50AM Introduction**
- 8:00AM Low Testosterone | Mark Uhlman, MD**
  - Physiologic regulation of Testosterone levels
  - Recognize the symptoms and signs
  - Understand common causes of Hypogonadism
  - Treatment options and monitoring protocols
- 9:00AM Monoclonal Antibodies Usage in COVID Patients | Dithi Shetty, MD**
  - What are the criteria to get it and when should patients be sent to the hospital for admission
- 10:00 AM Break/Exhibits**
- 10:20AM Management of Radicular Pain Donel Sequea, MD**
  - Typical presentation of radicular pain.
  - Review the role of imaging in patients with radicular pain.
  - Management and treatment of radicular pain.
- 11:20AM Updates in Inflammatory Bowel Disease Timothy Zisman, MD**
  - Discuss a treat-to-target approach for IBD
  - Review medical management of IBD, including drug optimization and safety • Discuss emerging therapies on the horizon
- 12:20 PM Lunch Break/Exhibits**
- 1:15 PM Collaborative Care in Management of Multiple Sclerosis | Ye Hu, MD**
  - Early recognition and chronic management
  - Updated diagnostic criteria and recognize challenges in diagnosis
  - Therapeutic goals of disease modifying therapies
- 2:15 PM Afternoon Break/Exhibits**
- 2:30 PM Burns 101: Common Problems and Pitfalls | Tam Pham, MD**
  - Common patterns of skin burns in different age groups • Management principles for acute burn injuries • Know when to refer
- 3:30 PM Women's Bone Health Alan Greenwald, MD**
  - Fragility fractures • Osteoporosis
  - Risk stratification considering bone health
  - New Treatment options for osteoporosis
- 4:30 PM Conference Ends**

✉ Complete and mail in the attached registration form or

🖱 Register online at [www.russocme.com](http://www.russocme.com)

- **Early Registration** must be post marked by February 11, 2022
- **Regular Registration** must be post marked by March 2, 2022
- **Day of Registration** available. Additional \$20 for registering day of or postmarked after March 2nd.

**Cancellations:** All cancellations need to be emailed to Melissa at [russocme@gmail.com](mailto:russocme@gmail.com) on or before March 6th. There will be a \$50 administration fee withheld. Cancellations between March 7th-10th: You can send someone in your place or transfer to another conference within 12 months. Course is planned to be recorded and accredited, option to watch course after the live event for AMA Category 1 credits. No refunds once the conference begins.

*Educational Support*



**Virtual Spring Conferences**

- Wenatchee Cardiac Symposium February 4 & 5
- Tri Cities Pain Conference April 29 & 30
- Palouse Clearwater Medical Conference Date Pending
- Information & Registration : [WWW.RUSSOCME.COM](http://WWW.RUSSOCME.COM)**

**Conference Objectives:**

- Discuss new insights into the diagnosis, management & treatment of various diseases in patients.

Please print legibly. Receipts will be e-mailed.

Name: \_\_\_\_\_

Degree: \_\_\_\_\_ Specialty: \_\_\_\_\_

Address: \_\_\_\_\_

City/State/Zip: \_\_\_\_\_

Phone: \_\_\_\_\_

E-mail: \_\_\_\_\_

Clinic Name: \_\_\_\_\_

Clinic City: \_\_\_\_\_

- Attending in Person     Attending Virtually
- Request AMA accredited recording

**Day of registration available. An Additional \$20 will be charged if post marked after March 2nd.**

Regular Registration Due: March 2, 2022			
Circle Selection	MD / DO	NP/PA	RN/Allied Health*
Complete Conference	\$405	\$380	\$255
Friday Only	\$265	\$235	\$165
Saturday Only	\$265	\$235	\$165

\*PT, DC, OD, PharmD, ND, Other    \*\*Students \$75 a day

Early Registration Due: February 11, 2022			
Circle Selection	MD / DO	NP/PA	RN/Allied Health*
Complete Conference	\$390	\$365	\$240
Friday Only	\$250	\$220	\$150
Saturday Only	\$250	\$220	\$150

Please make checks payable to RussoCME  
Mail completed form with your check to:

**Melissa Neighbors**  
225 NW Thomas Street  
Pullman, WA 99163