



700 S Main St
Moscow, ID 83843

Yakima Valley Medical Conference

14 AMA PRA Category 1 Credits™
Continuing Medical Education



Non Profit
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Moscow, ID

Yakima Valley Medical Conference

14 AMA PRA Category 1 Credits™
Continuing Medical Education



March 13 & 14, 2020
Yakima, WA

Regular Registration: March 4, 2020
www.RussoCME.com

Early Registration
Savings! Feb. 14

Yakima Valley Medical Conference

March 13 & 14, 2020

Howard Johnson Hotel
9 North 9th St
Yakima, WA

Accreditation



- ◆ 14 AMA PRA Category 1 Credits™
- ◆ 14 MOC points for the ABIM MOC Program
- ◆ Application for prescribed credit has been filed with the American Academy of Family Physicians. Determination of credit is pending.
- ◆ Approved for a total of 7 NP Pharmacology hours. (Fri.-2.5 & Sat. - 4.5)
- ◆ Approved by Washington State Board of Pharmacy for 14 Pharmacist CE Hours.
- ◆ Washington State accepts AMA PRA Category 1 Credits for NP's & PA's
- ◆ 14 equivalent CE credits for ANCC recertification
- ◆ 14 CE contact hours for the Washington State Board of Nursing.

Accommodations

Attendees are responsible for reserving rooms. The following prices have been quoted for conference attendees.

- ◆ Howard Johnson Hotel- \$70 -King \$85 - Double
Phone: (509) 452-6511
- ◆ Red Roof Inn - \$96 - will give government rate
Phone: (509) 249-1000

Questions

General Questions:
Diane Russo 509-989-9800 russocme1@gmail.com
Accreditation and Registration Questions:
Melissa Neighbors 509-431-0718 russocme@gmail.com

Faculty Speakers

Dave Shelon Atteberry, MD
Astria Health Center & Astria
Sunnyside Hospital
Yakima, WA

Bob Geise, MD
Board Cert: Internal Medicine
and Infectious Disease
Virginia Mason Medical Center
Seattle, WA

Carter Gerard, MD
Board Cert: Neurosurgery
Swedish Neurologic Restoration
Seattle, WA

Kathleen Isbell, MD
Board Cert: Internal Medicine
and Psychiatry
Virginia Mason Memorial Hospital
Yakima, WA

Pravin Khemani, MD
Board Cert: Neurosurgery
SNI Movement Disorders Clinic
Seattle, WA

Antony Kim, MD
Board Cert: Cardiovascular Disease,
Advanced Heart Failure and
Transplant Cardiology
Astria Health, Astria Toppenish Hospital
Astria Sunnyside Hospital
Yakima, WA

Stephen J. Monteith, MD
Board Cert: Neurological Surgery
Swedish Cerebrovascular Center
Seattle, WA

Shawn Needham, BS
Moses Lake Professional Pharmacy
Moses Lake, WA

Beth Platz, MD
Board Cert: Maternal Fetal Medicine
MultiCare Deaconess
Spokane, WA

Dithy Shetty, MD
Board Cert: Internal Medicine
and Infections Disease
Astria Toppenish, Astria
Sunnyside, Virginia Mason Memorial
Yakima, WA

Lisa Vande Vuss, MD, MSC
Board Cert: Pulmonary and
Critical Care Medicine
UW Medical Center
Seattle, WA

J. Susie Woo, MD
Board Cert: Cardiovascular Disease,
Advanced Heart Failure and
Transplant Cardiology
Virginia Mason Medical Center
Seattle, WA

Samuel Youssef, MD
Board Cert: Thoracic Surgery
Swedish Cardiac Surgery
Seattle, WA

Tim Zisman, MD, MPH
Board Cert: Gastroenterology
Virginia Mason
Seattle, WA

* This live activity has been planned and implemented in accordance with the accreditation requirements and policies of the Colorado State Medical Society through the joint providership of Gritman Medical Center and RussoCME. Gritman Medical Center is accredited by the Colorado State Medical Society to provide continuing medical education for physicians. This educational activity is designated for a maximum of 14 hours of AMA PRA Category 1 Credit(s).



Online CME Courses

- ◆ Over 150 Accredited Courses Available
\$150/year for access to all courses

MorningCME.com

From Virginia Mason & UW Medicine

- 7:30AM Registration/Exhibits**
- 7:50AM Introduction**
- 8:00AM Endoscopic Approaches for True Minimally Invasive Discectomy**
Dave Shelton Atteberry, MD
• Role of endoscopic spinal surgery
• Limitations • Options
- 9:00AM Zen and the Art of Heart Failure Maintenance**
Antony Y. Kim, MD
• Guideline-Directed Medical Therapy (GDMT)
• Current state of the condition
• Emerging therapies/strategies
- 10:00 AM Break/Exhibits**
- 10:20AM Gestational Diabetes**
Beth Platz, MD
• Definition • Screening • Management and treatment during pregnancy and postpartum
- 11:20AM Hemorrhagic Stroke**
Stephen J. Monteith, MD
• Causes of Hemorrhagic Stroke • Treatments
• Innovations related to Hemorrhagic Stroke
- 12:20PM Lunch Break/Exhibits**
- 1:15 PM Syncope**
J. Susie Woo, MD
• Causes of syncope & their key clinical features
• Indications for a tilt table test
• Ambulatory cardiac monitors
- 2:15 PM Afternoon Break/Exhibits**
- 2:30 PM Aortic Aneurysms and Aortic Emergencies**
Samuel Youssef, MD
• Natural history and genetic factors
• Guidelines for monitoring & elective intervention
• Emergency room & surgical management
- 3:30 PM GI Potpourri | Tim Zisman, MD**
• Managing upper GI disorders, including GERD & H pylori • Guidelines for diverticular disease and colon cancer screening • Updates on management of inflammatory bowel disease
- 4:30 PM Conference Adjourned**

- 7:30AM Registration/Exhibits**
- 7:50AM Introduction**
- 8:00AM COPD for the Experienced Primary Care Provider | Lisa Vande Vuss, MD, MSC**
• Prescribe COPD interventions
• Identify patients that benefit from therapy escalation
• Select among agent in the same therapeutic class
- 9:00AM Treating and Preventing Disease with Hormone Replacement**
Shawn Needham, BS
• Define different sex and thyroid hormones
• Learn how hormones can replace three different drug therapies while producing other benefits
- 10:00 AM Break/Exhibits**
- 10:20AM UTI in the Community and Nursing Homes | Dithi Shetty, MD**
• Treating urinary tract infection • Difference between colonization & pathogenic bacteria
• When to admit patients to the hospital
- 11:20AM Understanding, Diagnosing and Treating Neurocognitive Disorders**
Kathleen Isbell, MD
• Evaluation of patients with memory problems
• Causes of memory impairment and dementia
• Treatment options
- 12:20 PM Lunch Break/Exhibits**
- 1:15 PM Hot Topics in Infectious Diseases**
Bob Geise, MD
• Impacts of climate change on infectious diseases
• Impact of new therapies in HIV presentation
• New anti-microbe therapies
- 2:15 PM Afternoon Break/Exhibits**
- 2:30 PM Tremor-A Clinical Review**
Pravin Khemani, MD
• Diagnose Parkinson's Tremor & Essential Tremor
• Medical Treatment of Parkinson's Tremor and Essential Tremor • Selection for Surgical Treatment
- 3:30 PM Surgical Treatment of Patients with Parkinson's and Essential Tremor**
Carter Gerard, MD
• History of surgical treatment
• Indications for surgical intervention
• Types of surgical intervention
- 4:30 PM Conference Ends**

✉ Complete and mail in the attached registration form or

🖱 Register online at www.russocme.com

- **Early Registration** must be post marked by February 14
- **Regular Registration** must be post marked by March 4
- **Walk-in Registration** available. Additional \$20 for registration at door or postmarked after March 4.

Cancellations: All cancellations need to be emailed to Melissa at russocme@gmail.com on or before March 6th. There will be a \$50 administration fee withheld. Cancellations between March 7th and 12th: You can send someone in your place or transfer to another conference within 12 months with an added \$50 transfer fee. No refunds once the conference begins.



Spring Conferences

- Wenatchee Cardiac Symposium February 7 & 8
- Neurovascular Summit March 6
- Puget Sound Medical Conference April 17 & 18
- Tri-Cities Pain Conference May 15 & 16
- Palouse Clearwater Medical Conference May 29 & 30

Information & Registration: WWW.RUSSOCME.COM

Conference Objectives:

- Discuss new insights into the diagnosis, management & treatment of various diseases in patients.

Please print legibly. Receipts will be e-mailed.

Name: _____

Degree: _____ Specialty: _____

Address: _____

City/State/Zip: _____

Phone: _____

E-mail: _____

Clinic Name: _____

Clinic City: _____

Walk in registration available. An Additional \$20 will be charged if post marked after March 4, 2020.

Regular Registration Due: March 4, 2020			
Circle Selection	MD / DO	NP/PA	RN/Allied Health*
Complete Conference	\$405	\$380	\$255
Friday Only	\$265	\$235	\$165
Saturday Only	\$265	\$235	\$165

*PT, DC, OD, PharmD, ND, Other **Students \$75 a day

Early Registration Due: Feb. 14, 2020			
Circle Selection	MD / DO	NP/PA	RN/Allied Health*
Complete Conference	\$390	\$365	\$240
Friday Only	\$250	\$220	\$150
Saturday Only	\$250	\$220	\$150

Please make checks payable to RussoCME
Mail completed form with your check to:

Melissa Neighbors
225 NW Thomas Street
Pullman, WA 99163