

## Venue

**Spokane Valley Event Center**  
10514 E Sprague Ave  
Spokane Valley, WA 99206

Event will also be available streamed live on Zoom.

## Accreditation



- ◆ **14 AMA PRA Category 1 Credits™**
- ◆ 14 MOC points for the ABIM MOC Program
- ◆ Application for prescribed credit has been filed with the American Academy of Family Physicians. Determination of credit is pending.
- ◆ 14 CE contact hours for the Washington State Board of Nursing.
- ◆ Approved for a total of 4 NP Pharmacology hours. (Fri.-2 & Sat. - 2)
- ◆ 14 Pharmacist CE Hours - Approved by Washington State Board of Pharmacy
- ◆ Washington State accepts AMA PRA Category 1 Credits for NP's & PA's
- ◆ 14 equivalent CE credits for ANCC recertification
- ◆ Washington DC's - DC can review course and if course is relevant to their practice credits will be accepted.
- ◆ Washington PT's - PT can review course and if course is relevant to their practice, credits will be accepted.
- ◆ Idaho State DC's - Application submitted - 14 pending
- ◆ Idaho State PT's - Application submitted - 14 pending

## Questions

General Questions: Diane Russo - 509-989-9800  
russocme1@gmail.com

### Accreditation Questions/Registration

Melissa Neighbors 509-431-0718  
russocme@gmail.com

[www.RussoCME.com](http://www.RussoCME.com)

## Faculty Speakers

**Ryan Barnes, MD**  
Board Cert: ABRMR  
Neurophysiological Mechanisms of Persistent Pain  
MultiCare Neuroscience and MSK  
Spokane, WA

**Jacob Caylor, MD**  
Board Cert: Eligible,  
Certificate pending  
Northwest Pain Care  
Spokane, WA

**Pamela Clark, PsyD**  
Northwest Spine and Pain Medicine  
Spokane, WA

**Joanne Halbrecht, MD**  
Board Cert: ABOS  
Halbrecht Orthopedics Biologics and Sports Medicine  
Post Falls, Idaho

**David Hanscom, MD**  
Board Cert: Orthopedic Surgery  
Oakland, CA

**J. Sorin Ispirescu, MD**  
Board Cert: Pain Management and Anesthesiology  
Pain Clinic of Spokane  
Spokane, WA

**Roland S. Kent, MD**  
Board Cert: American Board of Orthopedic Surgery  
Axis Spine Center  
CDA, Idaho

**Jamie Lewis, MD**  
Board Cert: Physical Medicine and Rehab. Pain Medicine  
Northwest Spine and Pain Medicine  
Spokane, WA

**Scott Magnuson, MD**  
Board Cert: Anesthesiology, Pain Medicine  
Sub-specialty: Pain Management  
Pain Management of North Idaho  
Coeur D'Alene, ID

**Steven Pugh, MD**  
Board Cert: American Board of Psychiatry and Neurology  
Northwest Neurological  
Spokane, WA

**Michael Raber, MD**  
Board Cert: American Board of Neurological Surgery  
Kootenai Clinic -Neurosurgery and Spine  
CDA, Idaho

**Sean Smitham, PhD**  
Eastern State Hospital  
Medical Lake, WA

**Lynda Williamson, DO**  
Specializes in Family Medicine, Pain Medicine  
Spokane, WA

\*This live activity has been planned and implemented in accordance with the accreditation requirements and policies of the Colorado State Medical Society through the joint providership of Gritman Medical Center and RussoCME. Gritman Medical Center is accredited by the Colorado State Medical Society to provide continuing medical education for physicians. This educational activity is designated for a maximum of 14 hours of AMA PRA Category 1 Credit(s).

## Fall Conferences

Olympic Peninsula Medical Conference  
- Live & Virtual - November 5 & 6, 2021  
NW Primary Care Conference  
- Virtual - December 3 & 4, 2021

Registration at [russocme.com](http://russocme.com)

Non Profit  
US Postage Paid  
Permit 307  
Moscow, ID

Gritman  
700 S Main St  
Moscow, ID 83843

14 AMA PRA Category 1 Credits™  
Continuing Medical Education



Early Registration  
Savings! Oct. 15

# Spokane Pain Conference

14 AMA PRA Category 1 Credits™  
Continuing Medical Education



November 12 & 13, 2021

Regular Registration: Nov 5, 2021

[www.RussoCME.com](http://www.RussoCME.com)

# Friday, November 12

- 7:30AM Registration/Exhibits**
- 7:50AM Introduction**
- 8:00AM Ultrasound Guided Office Injections**  
**Jamie Lewis, MD**
  - Identify major anatomic ultrasound landmarks
  - How to utilize US to guide injection
- 9:00AM Understanding Lower Back Pain**  
**J. Sorin Ispirescu, MD**
  - Lower back pain algorithm
  - Red flags in treating lower back pain
  - When to refer
- 10:00 AM Break/Exhibits**
- 10:20AM Neurophysiological Mechanisms of Persistent Pain | Ryan Barnes, MD**
  - Factors in the pain experience
  - Central and peripheral nervous system mechanisms that contribute to persistent pain
  - Treatment and educational approaches
- 11:20AM Opioid Sparing Effect of Neuromodulation**  
**Scott Magnuson, MD**
  - Understand what neuromodulation is
  - Application
  - Data on opioid sparing effect of neuromodulation
- 12:20PM Lunch Break/Exhibits**
- 1:15 PM Motion Preservation in Spinal Surgery**  
**Roland S. Kent, MD**
  - Normal kinematics of spine motion
  - Motion-preservation options in spine surgery
  - Special considerations
- 2:15 PM Afternoon Break/Exhibits**
- 2:30 PM Robotics in Spine Surgery**  
**Michael Raber, MD**
  - Innovation in minimally invasive/ robotic spine surgery
  - Capabilities of robotics in spine surgery
  - Challenges for automation in surgery
- 3:30 PM Psychosocial Model of Chronic Pain**  
**Pamela Clark, PsyD**
  - Three common phases a pain patient may identify with
  - Providers role in each phase & the patient's perspective
  - Common barriers in moving through the pain journey
- 4:30 PM Conference Adjourned**

## Conference Objectives

After this conference, attendees will have a better understanding in managing pain patients, differentiating pain treatments including some conventional and alternative options.

# Saturday, November 13

- 7:30AM Registration/Exhibits**
- 7:50AM Introduction**
- 8:00AM Orthobiologics: Staying Out of Trouble with the FTC and FDA | Joanne Halbrecht, MD**
  - FDA regulations pertaining to human cells and tissue
  - FTC truth in advertising laws
  - Market and use orthobiologics in a legal and ethical manner
- 9:00AM Neuropathy and Neuralgia: Frontiers in Peripheral Nerve Stimulation | Jacob Caylor, MD**
  - Pathophysiology of mono- and poly-neuropathies and common neuralgias, including denervation injuries
  - Defficacy and limitations
  - Mechanism of action of peripheral nerve stimulation and discuss nerve targets for directed therapy
- 10:00 AM Break/Exhibits**
- 10:20AM Diagnosis and Management of Migraine**  
**Steven Pugh, MD**
  - Pathophysiology of migraine
  - Chronic migraine vs rebound headache and risk factors
  - Therapies of acute migraine and prevent of chronic migraine
- 11:20AM Harm Reduction: Resources for Clinicians**  
**Lynda Williamson, DO**
  - Three features that increase risks for patients with pain
  - Tools to reduce risks in managing patients with pain
  - Clinician expectations that impact the management of pain patients with pain.
- 12:20 PM Lunch Break/Exhibits**
- 1:15 PM Common Basis of Chronic Diseases - Including Pain | David Hanscom, MD**
  - Effects of chronic stress in creating disease
  - Common neurophysiological basis for mental and physical disease
  - Understanding the problem allows the possibility of solutions
- 2:15 PM Afternoon Break/Exhibits**
- 2:30 PM Physiology and Treatment Approach to Long Haulers Syndrome | David Hanscom, MD**
  - Neurophysiological factor cause by Long Haulers Syndrome
  - Sustained exposure to threat physiology
  - Multiple interventions points to reverse the process
- 3:30 PM Trauma and Chronic Pain**  
**Sean Smitham, PhD**
  - Relationship between trauma and chronic health conditions including chronic pain?
  - What may account for this relationship?
  - How can we help these patients?
- 4:30 PM Conference Ends**

# Educational Supporters



## Registration Information

- Complete and mail in the attached registration form or
- Register online at [www.russocme.com](http://www.russocme.com)

- **Early Registration** must be post marked by October 15.
- **Regular Registration** must be post marked by November 5
- **Day of Registration Welcome.** Additional \$20 for registration day of or postmarked after Nov 5

**Cancellations:** All cancellations need to be emailed to Melissa at [russocme@gmail.com](mailto:russocme@gmail.com) on or before November 7. There will be a \$50 administration fee withheld. Between November 7 and November 11, you can send someone in your place or transfer with a \$50 admin fee to another conference with in 12 months. No refunds once the conference begins.



A DIVISION OF NORTHWEST SPECIALTY HOSPITAL  
PROUDLY OWNED AND OPERATED BY PHYSICIANS

# Registration Form

Spokane Pain Conference 2021

Please print legibly. Receipts will be e-mailed.

Name: \_\_\_\_\_

Degree: \_\_\_\_\_ Specialty: \_\_\_\_\_

Address: \_\_\_\_\_

City/State/Zip: \_\_\_\_\_

Phone: \_\_\_\_\_

E-mail: \_\_\_\_\_

Clinic Name: \_\_\_\_\_

Clinic City: \_\_\_\_\_

Attending in Person     Attending Virtually

Request accredited recording

**Walk in or day of registration available. An Additional \$20 will be charged if post marked after Nov 5**

### Regular Registration Due: Nov. 5, 2021

Circle Selection	MD / DO	NP/PA	RN/Allied Health*
Complete Conference	\$405	\$380	\$255
Friday Only	\$265	\$235	\$165
Saturday Only	\$265	\$235	\$165

\*PT, DC, OD, PharmD, ND, residents    \*\*Students \$75 a day

### Early Registration Due: Oct. 15, 2021

Circle Selection	MD / DO	NP/PA	RN/Allied Health*
Complete Conference	\$390	\$365	\$240
Friday Only	\$250	\$220	\$150
Saturday Only	\$250	\$220	\$150

Please make checks payable to **RussoCME**

Mail completed form with your check to:

**Melissa Neighbors**  
**225 NW Thomas Street**  
**Pullman, WA 99163**