

## Virtual

Conference will be held live on Zoom. Participants will be emailed a join link.

## Accreditation



- ◆ **14 AMA PRA Category 1 Credits™**
- ◆ 14 MOC points for the ABIM MOC Program
- ◆ Application for prescribed credit has been filed with the American Academy of Family Physicians. Determination of credit is pending.
- ◆ 14 CE contact hours for the Washington State Board of Nursing.
- ◆ Approved for a total of 3 NP Pharmacology hours. (Fri.-2 & Sat. - 1)
- ◆ 14 Pharmacist CE Hours - Approved by Washington State Board of Pharmacy
- ◆ Washington State accepts AMA PRA Category 1 Credits for NP's & PA's
- ◆ 14 equivalent CE credits for ANCC recertification
- ◆ Washington DC's - DC can review course and if course is relevant to their practice credits will be accepted.
- ◆ Washington PT's - PT can review course and if course is relevant to their practice, credits will be accepted.
- ◆ Idaho State DC's - Application submitted - 14 pending
- ◆ Idaho State PT's - Application submitted - 14 pending

## Questions

Melissa Neighbors  
509.431-0718 russocme@gmail.com

[www.RussoCME.com](http://www.RussoCME.com)

## Faculty Speakers

Joanne Halbrecht, MD  
Board Cert: Orthopedic Surgery  
Halbrecht Orthopedics Biologics  
and Sports Medicine  
Post Falls, ID

John A. Hatheway, MD  
Board Cert - Anesthesiology,  
Pain Medicine  
Northwest Pain Care  
Spokane, WA

Guy Jones, MD  
Board Cert: Radiation Oncology  
Tri Cities Cancer Center  
Kennewick, WA

Ivanka Kuran, DPT  
Board Cert - OCS, COMT  
Axis Spine Center  
Coeur D'Alene, ID

Steven Larsen, MD  
Board Cert - Anesthesiology,  
Pain Medicine  
Lynx Healthcare  
Spokane, WA

Jamie Lewis, MD  
Board Cert: Physical Medicine  
and Rehabilitation, Pain Medicine  
Northwest Spine and Pain Medicine  
Spokane, WA

John F. Long, DO  
Board Cert - ABPMR  
Spokane Spine Center  
Spokane, WA

Phillip Louie, MD  
Board eligible - Orthopaedic Surgery  
Virginia Mason Medical Center  
Seattle, WA

E. Joe Kent III, MD  
Board Cert: Anesthesiology,  
Pain Medicine  
Axis Spine Center  
Spokane, WA

Roland Kent, MD  
Board Cert: Orthopaedics  
Axis Spine Center  
Spokane, WA

Scott Magnuson, MD  
Board Cert: Anesthesiology,  
Pain Medicine  
Sub-specialty: Pain Management  
Pain Management of North Idaho  
Coeur D'Alene, ID

Michael McDonald, MD  
Board Cert - Orthopaedic Surgery  
Northwest Orthopaedic Specialists  
Spokane Valley, WA

Sean Smitham, PhD  
Northwest Spine & Pain Medicine  
Spokane, WA

Arthur Watanabe, MD, PharmD  
Board Cert - ABR, ABIPP  
RegenMD Specialties  
Liberty Lake, WA

\*This live activity has been planned and implemented in accordance with the accreditation requirements and policies of the Colorado State Medical Society through the joint providership of Gritman Medical Center and RussoCME. Gritman Medical Center is accredited by the Colorado State Medical Society to provide continuing medical education for physicians. This educational activity is designated for a maximum of 15 hours of AMA PRA Category 1 Credit(s).



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14 AMA PRA Category 1 Credits™  
Continuing Medical Education



Early Registration  
Savings! Nov 6

# Virtual Spokane Pain Conference

14 AMA PRA Category 1 Credits™  
Continuing Medical Education



December 4 & 5, 2020

Regular Registration: Nov 25, 2020

[www.RussoCME.com](http://www.RussoCME.com)

# Friday, December 4

- 7:30AM Registration/Exhibits**
- 7:50AM Introduction**
- 8:00AM Stem Cell Therapy: Ethical, Legal & FDA Compliance**  
Joanne Halbrecht, MD
  - FDA regulations
  - Truth in advertising laws
  - Ethical Guidelines and how to remain in compliance
- 9:00AM Musculoskeletal Physical Exam**  
Jamie Lewis, MD
  - Review MSK Physical Exam Techniques
  - Special Tests • Use of Ultrasound to augment exam
- 10:00 AM Break/Exhibits**
- 10:20AM Low Dose Intrathecal Drug Delivery**  
John Hatheway, MD
  - Patient selection • Current literature • Opioid induce hyperalgesia • Systemic Opioid taper and holiday
  - Trial • Implant • Management
- 11:20AM Sacroiliac Joint Pain: Diagnosis and Treatment Options** | Scott Magnuson, MD
  - Evaluation & causes of SI joint pain
  - Differential diagnosis
  - Appropriate treatment options
- 12:20PM Lunch Break/Exhibits**
- 1:15 PM A Radiation Oncologist's Role in Pain Management**  
Guy Jones, MD
  - Identify non-cancerous (benign) and cancer conditions that may benefit from radiation therapy
  - Training and scope of practice of a Radiation Oncologist
- 2:15 PM Afternoon Break/Exhibits**
- 2:30 PM The Contemporary Pain Physician**  
E. Joe Kent III, MD
  - The evolution of pain management over the years
  - Backgrounds of various pain physicians
  - What a pain management doctor can and can't treat.
- 3:30 PM Interventional Pain Management for Primary Care Physicians**  
Arthur Watanabe, MD
  - The concepts of pain and conventional treatments
  - The different types of interventional pain procedures
  - Application of interventional pain procedures based on pain pattern
- 4:30 PM Conference Adjourned**

## Conference Objectives

After this conference, attendees will have a better understanding in managing pain patients, differentiating pain treatments including some conventional options, alternative options and Opioid Management.

# Saturday, December 5

- 7:30AM Registration/Exhibits**
- 7:50AM Introduction**
- 8:00AM Opioid Medications: Fundamentals of Managing**  
Steven Larsen, MD
  - History and pharmacology of opioid medications
  - Comparative opioid dosing and switching from one opioid to another • Approach to the chronic pain patient
- 9:00AM What is Causing the Pain? Is it the Shoulder or the Neck?** | Michael McDonald, MD
  - Learn to evaluate patient with complaint of shoulder pain
  - Differentiate shoulder pain from neck or other sources of pain
  - Determine best imaging or other diagnostic tests
- 10:00 AM Break/Exhibits**
- 10:20AM A Journey through Cervical Radiculopathy: Evaluation and Treatment** | Philip Louie, MD
  - Relevant anatomy related to cervical radiculopathy
  - The proper workup and evaluation
  - Principles of non-operative and surgical interventions
- 11:20AM Understand Physical Therapy Pain Management Options** | Ivanka Kuran, DPT
  - Pain Management Education in PT
  - Setting Functional PT Pain Management Goals
- 12:20 PM Lunch Break/Exhibits**
- 1:15 PM Electromyography and Nerve Conduction Studies -Why, How, When and What Does it Tell Us?**  
John F. Long, DO
  - Why would you order an EMG/NCS?
  - How does the evaluation work?
  - What information do we obtain from an EMG/NCS?
- 2:15 PM Afternoon Break/Exhibits**
- 2:30 PM Minimally Invasive Deformity Correction**  
Roland Kent, MD
  - Define minimally invasive spine surgery
  - Explain goals of deformity correction
  - Describe the intersection of minimally invasive surgery and deformity correction.
- 3:30 PM Integrating Pain Neuroscience Education (PNE) and Mindfulness Strategies in Treating Chronic Pain**  
Sean Smitham, PhD
  - Review main ideas of PNE
  - Provide overview of mindfulness strategies
  - Discuss how integrating the two help move patients along the path of recovery
- 4:30 PM Conference Ends**

## Other Fall Conferences - Registration at russocme.com

Olympic Peninsula Medical Conference  
Virtual - November 6 & 7, 2020



NORTHWEST  
SPINE & PAIN MEDICINE



## Registration Information



Complete and mail in the attached registration form or  
Register online at [www.russocme.com](http://www.russocme.com)

- **Early Registration** must be post marked by November 6.
- **Regular Registration** must be post marked by November 25 .
- **Day of Registration Welcome.** Additional \$20 for registration day of or postmarked after Nov 25

**Cancellations:** All cancellations need to be emailed to Melissa at [russocme@gmail.com](mailto:russocme@gmail.com) on or before December 3. There will be a \$50 administration fee withheld. No refunds once the conference begins.



# Registration Form

Spokane Pain Conference 2020

Please print legibly. Receipts will be e-mailed.

Name: \_\_\_\_\_  
 Degree: \_\_\_\_\_ Specialty: \_\_\_\_\_  
 Address: \_\_\_\_\_  
 City/State/Zip: \_\_\_\_\_  
 Phone: \_\_\_\_\_  
 E-mail: \_\_\_\_\_  
 Clinic Name: \_\_\_\_\_  
 Clinic City: \_\_\_\_\_

**Walk in registration available. An Additional \$20 will be charged if post marked after Nov 25**

### Regular Registration Due: Nov. 25, 2020

Circle Selection	MD / DO	NP/PA	RN/Allied Health*
Complete Conference	\$405	\$380	\$255
Friday Only	\$265	\$235	\$165
Saturday Only	\$265	\$235	\$165

\*PT, DC, OD, PharmD, ND, Other \*\*Students \$75 a day

### Early Registration Due: Nov. 6, 2020

Circle Selection	MD / DO	NP/PA	RN/Allied Health*
Complete Conference	\$390	\$365	\$240
Friday Only	\$250	\$220	\$150
Saturday Only	\$250	\$220	\$150

**Please make checks payable to RussoCME**  
**Mail completed form with your check to:**

**Melissa Neighbors**  
 225 NW Thomas Street  
 Pullman, WA 99163

For ABIM Physicians wanting to earn MOC points  
 ABIM # \_\_\_\_\_ Birthdate: \_\_\_\_\_