Venue

In person in Spokane, live streamed on Zoom and or accredited recording available

November 20 & 21, 2026

Spokane Valley Event Center
10514 E Sprague Ave
Spokane Valley, WA 99206

Questions:

Eliza McNelly | 509-592-5506 | info@russocme.com
Melissa Neighbors | 509-431-0718 | russocme@gmail.com

Accommadation

Comfort Inn and Suites - $99 per night call 509.926.7432

Accreditation

ABIM CME MOC ACCREDITED

- *14 AMA PRA Category 1 Credits™*
- 14 MOC points for the ABIM MOC Program
- Application for prescribed credit has been filed with the American Academy of Family Physicians. Determination of credit is pending.
- Approved for a total of 3 NP Pharmacology hours. (Fri. - 2 Sat. - 1)
- Washington State accepts AMA PRA Category 1 Credits for NP's & PA's
- 14 equivalent CE credits for ANCC recertification
- 14 CE contact hours for the Washington State Board of Nursing.
- Recorded Conference - 14 AMA Category 1 Credits

RussoCME.com

Faculty Speakers

David Bragin-Sanchez, MD
Board Cert. - Adv. Heart Failure, Cardiovascular Disease
Multicare Pulse Heart Institute
Spokane, WA

Anna Gardella, MD
Board Cert. - Cardiology, Interventional Cardiology
Multicare Pulse Heart Institute
Spokane, WA

Zachary Gilbert, MD
Multicare Pulse Heart Institute
Spokane, WA

Maeve Jones-O'Connor, MD
Board Cert. - Interventional Cardiology
Multicare Pulse Heart Institute
Spokane, WA

Cooper Kersey, MD
Board Cert.- Echocardiography
UW Medicine
Seattle, WA

Matthew Low, MD
Board Cert.- Vascular Surgery
Kootenai Health
Coeur d'Alene, ID

Jonathan Medina-Beckwith, DNP
Virginia Mason Franciscan Health
Seattle, WA

Pablo Michel-Sanchez, MD
Board Cert. – Cardiology
Kootenai Health
Coeur d'Alene, ID

James Mudd, MD
Board Cert. - Adv. Heart Failure and Transplant Cardiology
Providence Heart Institute
Spokane, WA

Gautam Nayak, MD
Board Cert. - Cardiovascular Disease
Mission Cardiology
Wenatchee, WA

David S. Owens, MD
Board Cert. - Cardiovascular Disease
UW Medicine
Seattle, WA

Matthew Subramani, MD
Board Cert.- Cardiovascular Medicine
Virginia Mason Franciscan Health
Seattle, WA

Eric Wallace, DO
Board Cert.- Cardiovascular Disease
Kootenai Health
Coeur d'Alene, ID

Mrinal Yadava, MD
Board Cert.- Echocardiography
UW Medicine
Seattle, WA

* This live activity has been planned and implemented in accordance with the accreditation requirements and policies of the Colorado State Medical Society through the joint providership of Gritman Medical Center and RussoCME. Gritman Medical Center is accredited by the Colorado State Medical Society to provide continuing medical education for physicians. This educational activity is designated for a maximum of 14 hours of AMA PRA Category 1 Credit(s).

Upcoming Conferences

Olympic Peninsula Medical Conference - Nov. 6 & 7
NW Primary Care Medical Conference - Dec. 4 & 5
Wenatchee Medical Conference - Jan. 29 & 30, 2027
Yakima Valley Medical Conference - Mar. 19 & 20, 2027

Registration - RussoCME.com

Cancellations: All cancellations need to be emailed to Eliza at info@russocme.com on or before November 15th. There will be a $50 administration fee withheld. Cancellations after Nov. 16 you can send someone in your place or switch to view as a recording.

Gritman MEDICAL CENTER
700 S Main St
Moscow, ID 83843

Non Profit Org
US Postage Paid
Spokane, WA
Permit 28

Early Registration: October 23, 2026
Regular Registration: November 11, 2026

Early Registration Discount: October 23, 2026

Spokane Cardiac Symposium

14 *AMA PRA Category 1 Credits™*



November 20 & 21, 2026

Spokane Valley, Washington

In Person | Live Stream | Recording

www.RussoCME.com

Friday, November 20,2026

7:30AM Registration/Exhibits

7:50AM Introduction

8:00AM **TAVR in 2026: Updates and State of the Art | Maeve Jones-O'Connor, MD**
- Review current indications, care determinations and patient selection criteria for TAVR.
- Techniques, imaging, and key considerations for optimizing outcomes
- Changing landscape of short & long term complications and future challenges.

9:00AM **Stroke Prevention in Atrial fibrillation Eric Wallace, DO**
- Understand temporal trends in Afib incidence and ablation success rates.
- Current limitations in Afib guidelines and changing landscape in stroke management and prevention

10:00 AM Break/Exhibits

10:20AM **The Thick Heart: Unmasking Hypertrophic Cardiomyopathy Jonathan Medina Beckwith, DNP, ARNP**
- Identify diagnostic strategies to distinguish HCM from phenocopies
- Discuss contemporary precision therapies for managing HCM

11:20AM **Navigating the 2026 Dyslipidemia Guidelines | Matthew Subramani, MD**
- Key updates to the 2026 Dyslipidemia Guidelines
- Understand the PREVENT equations and patient management groups
- Utilize CAC, Lp(a) and ApoB in clinical practice

12:20PM Lunch Break

12:50PM New Data on ATTR-CM for Health Care Providers From CARDIO-TTRansform [NON-CME]

1:10 PM Exhibit Break

1:40 PM **Cardiac Amyloid Speaker Pending,**

2:40 PM Afternoon Break/Exhibits

3:00 PM **Peripherial Artery Disease: Don't Let That Leg Get Away! | Matthew Low, MD**
- Recognize risk factors and symptoms
- Indications for referral and revascularization
- Prevention of cardiovascular and limb complications

4:00 PM **Syncope: Evaluation and Management Gautam Nayak, MD**
- Recognize the most common causes of syncope
- Employ the appropriate evaluation to optimally risk stratify and determine the cause of syncope
- Therapeutic options for different causes

5:00 PM Non-CME Dinner

Saturday, November 21, 2026

7:30AM Registration/Exhibits

7:50AM Introduction

8:00AM **Cardiomyopathy in Primary Care David Bragin-Sanchez, MD**
- Recognize the major types and clinical presentations of cardiomyopathy
- Evaluation strategies for patients with suspected cardiomyopathy

9:00AM **Murmurs for the PCP | Mrinal Yadava, MD**
- Differentiating pathologic & physiologic murmurs
- Identifying various kinds murmurs
- Workup for a when a murmur is discovered

10:00 AM Break/Exhibits

10:20AM **Coronary Artery Disease Pablo Michel-Sanchez, MD**
- Clinical assessment of angina
- Multimodality imaging for risk stratification
- Prevention of progression of atherosclerotic cardiovascular disease (ASCVD)

11:20AM **Complex Cardiovascular Care Anna Gardella, MD**
- Identify key challenges in managing complex cardiovascular patients
- Develop individualized treatment plans for high-risk patients

12:20PM Lunch Break

12:50PM Lunch Lecture [NON-CME]

1:10 PM Exhibit Break

1:40 PM **Echocardiograms | Cooper Kersey, MD**
- Diagnostic strengths of transthoracic echocardiography
- Limitations of echocardiography and when alternative testing is preferred
- Practical framework for ordering and interpreting echocardiograms in primary care

2:40 PM Afternoon Break/Exhibits

3:00 PM **Heart Failure with Reduced Ejection Fraction | James Mudd, MD**
- Review the diagnosis, staging, and contemporary management of HFrEF
- Discuss guideline-directed medical therapy and strategies to optimize treatment

4:00 PM **The Care of an Athletes Heart David S. Owens, MD**
- Physiologic adaptations of the athlete's heart and distinguish them from pathologic cardiac conditions
- Apply evidence-based strategies for cardiovascular evaluation, risk stratification, and safe participation

5:00 PM Conference Ends

Registration Information

Complete and mail in the attached registration form or

Register online at www.russocme.com

- **Early Registration** must be submitted or post marked by October 23, 2026
- **Regular Registration** must be submitted or post marked by November 11, 2026
- **Day of Registration** available. Additional $20 for registering day of or postmarked after Nov 11th.

Educational Support

MultiCare Pulse Heart Institute

KootenaiHealth

Providence

UW Medicine HEART INSTITUTE

Virginia Mason Franciscan Health™

RUSSOCME.COM

Registration Form

Spokane Cardiac Symposium 2026

Please print legibly. Receipts will be e-mailed.

Name:_____

Degree:_____Specialty:_____

Address:_____

City/State/Zip:_____

Phone:_____

E-mail_____

Clinic Name:_____

Clinic City:_____

How do you plan on attending?

○ Attending in Person ○ Attending Virtually

○ Recording -14 AMA Category 1 Credits

Day of registration available. An Additional $20 will be charged if post marked after November 11th.

Regular Registration Due: November 11

Circle Selection	MD / DO	NP/PA	RN/Allied Health*
Complete Conference	$430	$405	$280
Friday Only	$285	$255	$185
Saturday Only	$285	$255	$185

*PT, DC, OD, PharmD, ND, Other **Students $75 a day

Early Registration Due: October 23, 2026

Circle Selection	MD / DO	NP/PA	RN/Allied Health*
Complete Conference	$415	$390	$265
Friday Only	$270	$240	$170
Saturday Only	$270	$240	$170

Please make checks payable to RussoCME
Mail completed form with your check to:

Melissa Neighbors
935 SE High St
Pullman, WA 99163

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