

Olympic Peninsula Medical Conference

November 6 & 7, 2026

Accreditation



14 AMA PRA Category 1 Credits™

Application for prescribed credit has been filed with the American Academy of Family Physicians. Determination of credit is pending.

14 MOC points for the ABIM MOC Program

Approved for a total of 3 NP Pharmacology hours (1-Fri & 2-Sat)

Washington State accepts AMA PRA Category 1 Credits for NP's & PA's

ANCC accepts these credits as equivalent credits for recertification

14 CE contact hours for Washington State Nursing Commission

Venue and Accommodations

Red Lion Hotel Port Angeles
221 N Lincoln St.,
Port Angeles, WA

Attendees are responsible for reserving rooms.

- Standard Rooms: \$128/night
- Premium Waterfront \$138/night

Phone - 360-452-9215

Questions

Eliza McNelly | 509-592-5506 | info@russocme.com

*This live activity has been planned and implemented in accordance with the accreditation requirements and policies of the Colorado State Medical Society through the joint providership of Gritman Medical Center and RussoCME. Gritman Medical Center is accredited by the Colorado State Medical Society to provide continuing medical education for physicians. This educational activity is designated for a maximum of 14 hours of AMA PRA Category 1 Credit(s).

Virginia Mason Franciscan Health Faculty Speakers

- Chris Barnes, DO
Board Certified: Endocrine Surgery
- Pallavi Bhargava, MD
Board Certified: Infectious Disease
- Christopher England, MD
Board Certified: Otolaryngology, Head & Neck Surgery
- William M. Hall, MD, FACP
Board Certified: Internal Medicine
- Amir Kazerouninia, MD, PhD
Board Certified: Cardiology
- Laura King, PharmD
Board Certified: Pharmacist
- Michalina Kupsik, MD
Fellowship Breast Oncology Surgeon
- Rajeev Misra, DO
Board Certified: General Surgery
- Abdulfattah Saidi, MD, FACC
Board Certified: Interventional Cardiology
- Ben Sy, MD
Board Certified: Pulmonology
- Rebecca Ur, MD
Board Certified: Vascular Surgeon
- Vitas Wagner, MD, PhD
Board Certified: General Surgery, Colorectal Surgery



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Gritman
MEDICAL CENTER
700 S Main St
Moscow, ID 83843

Early registration swings
By October 9, 2026

14 AMA PRA Category 1 Credits



Olympic Peninsula Medical Conference

November 6 & 7, 2026

Red Lion Hotel Port Angeles
221 N Lincoln St.,
Port Angeles, WA

In Person,
Streamed,
& Recorded

14 AMA PRA Category 1 Credits™



Conference Schedule

Friday, November 6, 2026 | 7:50am to 4:30pm

- 7:50am Welcome & Introductions
- 8:00am **The Prevention of Dementia, Current Literature and Controversies**
William M. Hall, MD, FACP
 - Current state of the literature in documented therapies that contribute to cognitive decline
 - Recent publications, and areas of clinical investigation
 - Areas of fringe investigation, theories, and areas that your patients may want to discuss
- 9:00am **Venous Disease**
Rebecca UR, MD
 - Key differences between arterial and venous disease
 - Initial treatment options for venous insufficiency
 - Recognize pelvic venous disease in initial work up
- 10:00am Break
- 10:20am **Management of Benign Breast Masses**
Michalina Kupsik, MD
 - Differentiate benign from high-risk breast lesions and features that warrant surgical excision
 - Incorporate risk assessment into patient counseling and long-term management screening strategies
 - Difference between pleomorphic and classic LCIS
- 11:20am **Endocrine Surgery**
Chris Barnes, DO
 - Thyroid & Parathyroid
 - Adrenal thyroid, parathyroid, and adrenal gland pathology and workup in the primary care setting and referral setting.
- 12:20pm Lunch Break
- 1:15pm **Short of Breath: A Primary Care Approach to Evaluating Dyspnea | Ben Sy, MD**
 - Review dyspnea as it pertains to primary care
 - Assessing the dyspneic patient
 - Determining when to refer a dyspneic patient
- 2:15pm Break
- 2:30pm **Drug interactions Not to Miss - A Focus On Antibiotics | Laura King, MD**
 - Discuss antibiotics on the Beer's list
 - Patient-specific medication management plans for complex patients receiving anticoagulants, GLP-1 receptor agonists, and other prescribed therapies
 - Identify major drug interactions with linezolid and review counseling points for patients

- 3:30pm **Left Atrial Appendage Occlusion Update**
Abdulfattah Saidi, MD, FACC
 - Left atrial appendage clinical relevance and anatomy
 - Left atrial appendage thrombognocity
 - Exclusion options
- 4:30pm Conference Adjourned

Saturday

November 7, 2026 | 7:50am to 4:30pm

- 7:50am Welcome & Introductions
- 8:00am **Anal Cancer and Screening Opportunities**
Vitas Wagner, MD, PhD
 - Review of anal cancer, risk factors, and treatment
 - Evidence regarding anal cancer screening benefits
 - Who will benefit from expanding screening
- 9:00am **Management of Latent Tuberculosis**
Pallavi Bhargava, MD
 - Latent TB Diagnosis
 - Interpreting IGRA (TB Quantiferon)
 - LTBI treatment and monitoring with a case based approach
- 10:00am Break
- 10:20am **Asymptomatic Bacteriuria: Treat the Patient Not the Lab Result**
Pallavi Bhargava, MD
 - Define ASB
 - How to distinguish between ASB, contaminated collections and bacterial cystitis
- 11:20am **Beyond CPAP: Treatment options for OSA**
Christopher England, MD
 - Identify treatment options other than positive airway pressure for the treatment of OSA
 - Understand the objectives of surgery for OSA
 - Understand the causes for OSA in age groups
- 12:30pm Lunch Break
- 1:15pm **How to Unwind Vertigo**
Christopher England, MD
 - Identify key history components that can help with the diagnosis of the cause of vertigo
 - Identify the three primary ear-related causes
 - Identify other, non-ear-related causes of vertigo, and know what to do about them.
- 2:15pm Break

- 2:30pm **Updates in Hernia Management**
Rajeev Misra, DO
 - Understand the types of hernias and best diagnostic modalities for them
 - Familiarize yourself with various repair techniques, advantages and drawbacks of each
 - Ways to optimize patients for long-term successful repairs and to minimize perioperative complications
- 3:30pm **Primary Care Guide to Hypertension**
Amir Kazerouninia, MD, PhD
 - Current hypertension guidelines
 - Three pillars of initial hypertension management
 - The pitfalls to the management of hypertension
- 4:30pm Conference Adjourned

Registration Information

-  Register online at www.russocme.com or
-  Complete and fax/email in the attached registration form

- **Early Registration** must be post marked by October 9, 2026
- **Regular Registration** must be post marked by October 28, 2026
- **Walk-in Registrations Welcome** addition \$20 fee.

All registrants will receive email confirmation. Final meeting details will be sent out 2-4 days prior to the meeting. If you have any questions, please email russocme@gmail.com.

Cancellations:
Cancellations: All cancellations need to be emailed to russocme@gmail.com by October 31. There will be a \$50 administration fee. Cancellations between November 1 & November 5, you can send someone in your place or transfer to another conference within 12 months. Course is planned to be recorded and accredited, option to view/attend recorded course later for no transfer fee. No refunds once the conference begins.

Early
Registration
Savings
by Oct. 9

Registration Form

Olympic Peninsula Medical Conference

November 6 & 7, 2026

Please print legibly. Receipts will be e-mailed.

Name: _____

Degree: _____ Specialty: _____

Address: _____

City/State/Zip: _____

Phone: _____

E-mail _____

Clinic Name: _____

Clinic City: _____

☐ Attending Live

☐ Stream on Zoom

☐ Accredited recording

Walk in or day of registration available. An Additional \$20 will be charged if post marked after Oct. 28.

Regular Registration Due: Oct. 28, 2026			
Circle Selection	MD / DO	NP/PA	RN/Allied Health*
Complete Conference	\$430	\$405	\$280
Friday Only	\$285	\$255	\$185
Saturday Only	\$285	\$255	\$185

*PT, DC, OD, ND, residents **Students \$75 a day

Early Registration Due: Oct. 9, 2026			
Circle Selection	MD / DO	NP/PA	RN/Allied Health*
Complete Conference	\$415	\$390	\$265
Friday Only	\$270	\$240	\$170
Saturday Only	\$270	\$240	\$170

Please make checks payable to RussoCME

Mail completed form with your check to:

Melissa Neighbors
935 SE High St
Pullman, WA 99163