

3rd Annual Virginia Mason Franciscan Health

Cardiovascular Symposium

Presented by the Center for Cardiovascular Health

Saturday, October 3, 2026 | Hyatt Regency Seattle



Virginia Mason
Franciscan Health™
Center for Cardiovascular Health



No Registration Fee
8 AMA PRA Category 1 Credits™

Conference Schedule

Saturday, October 3, 2026 | 7:30 a.m. to 5 p.m.

6:45 a.m. Breakfast / Registration / Exhibits

7:30 a.m. **Welcome and Opening Remarks**

Mariko Harper, MD and Nezar Falluji, MD, System Physician VP and Director of the CommonSpirit Health National Cardiovascular Service Line
Cardiovascular Care Reimagined - Innovation, Integration and Intelligent Cardiovascular Care

7:40 a.m. **Opening Keynote Address**

Daniel Barchi, Senior Executive Vice President, Chief Information Officer, CommonSpirit Health
AI in Medicine

8:15 a.m. **Saw it on TikTok - The New Front Door to Cardiology**

When patients arrive informed, misinformed, and already tested

Joshua Genstler, MD, Cardiovascular Disease Fellow
Case: My Calcium Score is 400 - Now What?

Justin Penn, MD
Beyond LDL: Lp(a), ApoB, and Precision Prevention

Joel Bervell, MD, Internal Medicine Resident
From Viral to Valuable: Navigating the Digital Patient (Virtual)

Sujeen Adhikari, MD
Beyond Stenosis: AI-Based Coronary Plaque Analysis and the Future of Cardiovascular Care

9:15 a.m. Break and Exhibits

9:35 a.m. **The Thick Heart - When Left Ventricular Hypertrophy (LVH) Isn't What it Seems**

One phenotype, multiple diagnoses, high-stakes decisions

Alanna Arroues, MD, Internal Medicine Resident
Case: Looks Like Hypertrophic Cardiomyopathy (HCM)... Until it Doesn't

Alice Siqueria-Benzow, PharmD
Management of Obstructive Hypertrophic Cardiomyopathy (HCM) in the Modern Era

Amornpol Anuwatworn, MD
Seeing Beyond Thickness: Cardiovascular Magnetic Resonance (CMR) and Tissue Characterization

David Zhang, MD
Cardiac Amyloid: Early Detection is Key in the Era of Advanced Therapeutics

Keval Shah, MD
Beyond Polypharmacy: Role of Renal Denervation in Hypertension Care

10:50 a.m. **The Gray Zone - Where Guidelines End and Judgment Begins**

The art and tension of modern cardiovascular decision-making

Archana Rajdev, MD
Anticoagulation after Atrial Fibrillation Ablation: Is it Ever Safe to Stop?

Abdul Saidi, MD, and Jamal Anyalebechi, MD
Debate: Transcatheter Aortic Valve Replacement (TAVR) vs Surgical Aortic Valve Replacement (SAVR) in Low-Risk Patients: Expanding Boundaries

Susrut Pendyala, MD
Redefining Atrial Fibrillation Management: Who Should Be Referred — and When

11:55 a.m. Lunch / Exhibits / Product Theater

12:55 p.m. **Featured Plenary Lecturer: Gene-based Therapies for Atherosclerosis: Insights From the HEART-2 Trial**

Liam Brunham, MD, PhD, UBC Division of General Internal Medicine

1:30 p.m. **Revascularization Reconsidered - Open, Hybrid, or Endovascular?**

Choosing the right strategy in complex disease

Timothy James, MD & Tony Secaira, MD
Debate: Complex Coronary Revascularization - Partnering Surgery and Percutaneous Intervention (PCI)

Daiva Nevidomskyte, MD
Complex Peripheral Artery Disease (PAD) in 2026: Lessons from BEST-CLI and Basil 2

- 2:20 p.m. Advanced Heart Failure & Cardiogenic Shock - System that Saves Lives**
Speed, structure, and multidisciplinary rescue
Subashini Daniel, MD
Mechanical Circulatory Support (MCS) Strategies in the Modern CICU
Munir Janmohamed, MD
Advanced Heart Failure Reimagined: Smart Devices, Hemodynamic Monitoring and Integrated Care
Yuang Chen, MD
Hepato-Renal Syndrome in the Setting of Heart Failure
- 3:15 p.m. Break and Exhibits**
- 3:35 p.m. The Front Line of Cardiovascular Care - Scalable, Team-Based, and Built for What's Next**
How multidisciplinary teams are redefining care delivery
Hannah Esmeralda, ARNP
Can my patient get an MRI? Devices, safety and Decision making
Brook Raphael, ARNP
GLP1: Weight! There is more!
Amanda Carter, PharmD
Beyond the Scale: Mechanisms of GLP-1 Mediated Cardiovascular Protection
Anu Kolluru, MD
Cancer Survivorship Meets Cardiology
Rebecca Ur, MD
Exercise is Medicine: Cardiovascular Rehab Programs Through a Vascular Lens
- 5 p.m. Wrap-up / Raffle Drawings, Cocktail Social**

Featured Speakers

Daniel Barchi
Senior Executive Vice President, Chief Information Officer, CommonSpirit Health

Liam R. Brunham, MD, PhD, FRCPC, FACP
Professor and Canada Research Chair, The University of British Columbia

Nezar Falluji, MD
System Physician Vice President, National Cardiovascular Service Line, CommonSpirit Health

Virginia Mason Franciscan Health Faculty Speakers

Sujeen Adhikari, MD
Advanced Cardiac Imaging

Amornpol Anuwatworn, MD
Advanced Cardiac Imaging

Jamal Anyalebechi, MD
Cardiac Surgery

Alanna Arroues, MD
Internal Medicine Resident

Joel Bervell, MD
Internal Medicine Resident

Amanda Carter, PharmD
Pharmacy

Yuang Chen, MD
Nephrology

Subashini Daniel, MD
Cardiac Surgery

Hannah Esmeralda, ARNP
Electrophysiology

Joshua Genstler, MD
Cardiovascular Disease Fellow

Mariko Harper, MD
Hypertrophic Cardiomyopathy

Timothy James, MD
Cardiac Surgery

Munir Janmohamed, MD
Advanced Heart Failure

Anu Kolluru, MD
Cardio-Oncology

Daiva Nevidomskyte, MD
Vascular Surgery

Susrut Pendyala, MD
Electrophysiology

Justin Penn, MD
Invasive Cardiology

Archana Rajdev, MD
Electrophysiology

Brook Raphael, ARNP
Cardiology

Abdul Saidi, MD
Interventional Cardiology

Tony Secaira, MD
Interventional Cardiology

Keval Shah, MD
Interventional Cardiology

Alice Siqueira-Benzow, PharmD
Pharmacy

Rebecca Ur, MD
Vascular Surgery

David Zhang, MD
Advanced Heart Failure

Steering Committee Members

Mariko Harper, MD (Chair)
Hypertrophic Cardiomyopathy

John Howington, MD
Acting Executive Medical Director, Center for Cardiovascular Health

Timothy James, MD
Cardiac Surgery

Kira Long, MD
Vascular Surgery

Susrut Pendyala, MD
Electrophysiology

Tony Secaira, MD
Interventional Cardiology

Stacie Wages
Executive Region Director, Center for Cardiovascular Health

3rd Annual Virginia Mason Franciscan Health

Cardiovascular Symposium

Presented by the Center for Cardiovascular Health

Accreditation*

8 AMA PRA Category 1 Credits™

8 MOC points for the ABIM MOC Program

Approved for a total of 1 NP Pharmacology hour

Washington State accepts AMA PRA Category 1 Credits for NPs and PAs

ANCC accepts these credits as equivalent credits for recertification



Accommodations

Attendees are responsible for booking their own lodging.

Please call 402-501-9864 for reservations.

Hyatt Regency

808 Howell Street

Seattle, WA 98101

Have Questions?

For questions or to learn more about the symposium,

email **Eliza McNelly** at info@russocme.com or call (509) 592-5506.



Register Online by 9/23

Visit vmfh.org/cardiovascular-symposium or scan the QR code to register.



**Virginia Mason
Franciscan Health™**
Center for Cardiovascular Health

*This live activity has been planned and implemented in accordance with the accreditation requirements and policies of the Colorado State Medical Society through the joint providership of Gritman Medical Center and RussoCME. Gritman Medical Center is accredited by the Colorado State Medical Society to provide continuing medical education for physicians. This educational activity is designated for a maximum of 8 hours of AMA PRA Category 1 Credit(s).