

Olympic Peninsula Medical Conference November 7 & 8, 2025

Virginia Mason Franciscan Health Faculty Speakers

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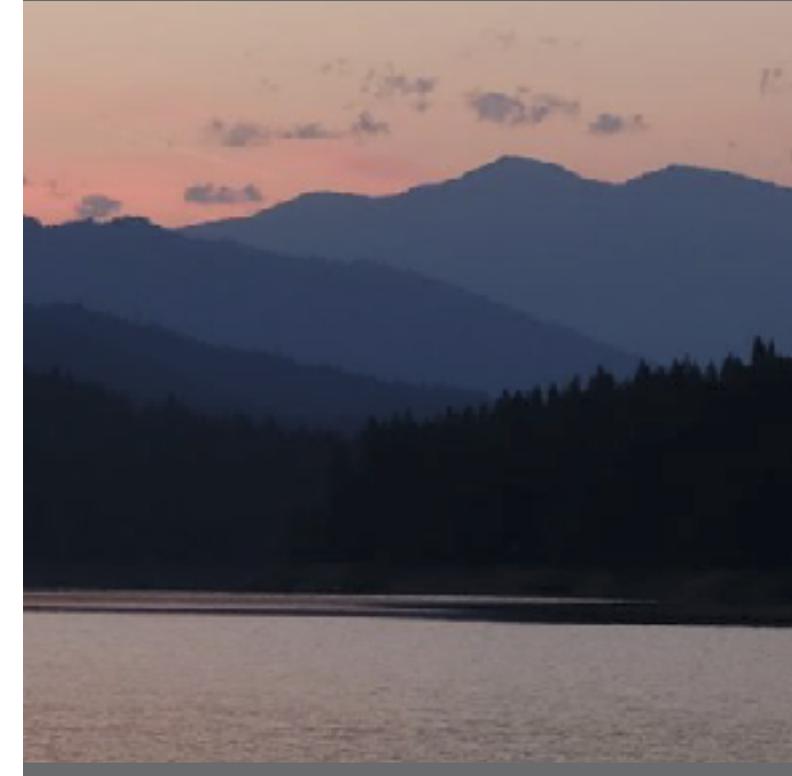
Olympic Peninsula Medical Conference

November 7 & 8, 2025

Red Lion Hotel Port Angeles
221 N Lincoln St.,
Port Angeles, WA

In Person,
Streamed,
& Recorded

14 AMA PRA Category 1 Credits™



 Virginia Mason
Franciscan Health™



Early registration savings
By October 10, 2025
14 AMA PRA Category 1 Credits

 Gritman
MEDICAL CENTER
700 S Main St
Moscow, ID 83843

Accreditation



14 AMA PRA Category 1 Credits™
Application for prescribed credit has been filed with the American Academy of Family Physicians. Determination of credit is pending.
14 MOC points for the ABIM MOC Program
Washington State accepts AMA PRA Category 1 Credits for NP's & PA's
ANCC accepts these credits as equivalent credits for recertification
14 CE contact hours for Washington State Nursing Commission

Venue and Accommodations

Red Lion Hotel Port Angeles
221 N Lincoln St.,
Port Angeles, WA

Attendees are responsible for reserving rooms.
-Standard Rooms: \$125/night
-Premium Waterfront \$135/night
Phone - 360-452-9215

Questions

Melissa Neighbors 509-431-0718 russocme@gmail.com

*This live activity has been planned and implemented in accordance with the accreditation requirements and policies of the Colorado State Medical Society through the joint providership of Gritman Medical Center and RussoCME. Gritman Medical Center is accredited by the Colorado State Medical Society to provide continuing medical education for physicians. This educational activity is designated for a maximum of 14 hours of AMA PRA Category 1 Credit(s).

- Christopher Baliga, MD
Board Certified: Infectious Diseases
- Claire Bovet, MD
Board Certified: Family Medicine
- David Corley, MD
Board Certified: Pulmonary Disease, Sleep Medicine, Critical Care, Internal Medicine
- R. Chris King, MD
Board Certified: Cardiac Surgery
- Ian Mullikin, MD
Board Certified: Orthopedic Surgery, Surgery of the Hand
- Linda Pai, MD
Board Certified: General Surgery
- Dominique Pepper, MD, PhD, MHSc, ATSF, FCCP
Board Certified: Pulmonologist, Critical Care, Internal Medicine
- Joseph Rosales, MD
Board Certified: Internal Medicine, Subspecialty in Hematology, Medical Oncology
- Abdulfattah Saidi, MD, FACC
Board Certified: Interventional Cardiology
- Nick Sich, MD
Board Certified: General Surgery, Complex General Surgery Oncology
- Deema Soufan, LMHC
Psycho Therapist
- Deepak Sreedharan, MD
Board Certified: Pain Medicine, Interventional Pain, Surgical Pain Management
- Rebecca Ur, MD
Board Certified: Vascular Surgeon
- Todd Willcox, MD
Board Certified: Plastic Surgeon
- Jennifer Wolf, MD
Board Certified: Oncology, Gynecology

Conference Schedule

Friday, November 7, 2025 | 7:50AM TO 4:30PM

- 7:50am **Welcome & Introductions**
- 8:00am **Carpal Tunnel Syndrome**
Ian Mullikin, MD
 - Understand relevant anatomy of the carpal tunnel
 - Carpal tunnel diagnosis
 - Indications for surgery and expected outcomes
- 9:00am **Mitral Transcatheter Edge-to-Edge repair (TEER) : A current status and future directions**
AbdulFattah Saidi, MD, FACC
 - Review of mitral valve regurgitation
 - Patients selection and current indications
 - Treatment Options • Future directions
- 10:00am **Break**
- 10:20am **Lumbar Stenosis**
Deepak Sreedharan, MD
 - Learn how to distinguish between the different causes of claudication
 - Learn the different treatment options available for lumbar stenosis and their outcomes
- 11:20am **Vascular Surgery for Primary Care**
Rebecca Ur, MD
 - To recognize signs of Chronic Limb Threatening Ischemia
 - Review indications for referral for AAA, carotid, and peripheral vascular disease
 - Review vascular casuses of lower extremity swelling
- 12:20pm **Lunch Break**
- 1:15pm **Managing Breast Cancer from the PCPs Perspicive**
Todd Willcox, MD
Linda Pai, MD
 - Diagnosis- what now?
 - Surgical management
 - Reconstruction
- 2:15pm **Break**
- 2:30pm **Trash the “Pump and Dump” : Common Pitfalls in the Care of Lactating Patients**
Claire Bovet, MD
 - Identify medications and procedures that require changes to a patient's breastfeeding plan
 - Recognize common medications, procedues, and imaging that are compatible with breastfeeding
 - Interventions that can impact breast milk supply

- 3:30pm **Hot Topics in Infectious Diseases 2025**
Christopher Baliga, MD
 - Understand clinical features and diagnosis of malaria, chikungunya, dengue, measles
 - Understand when to screen for Chaga's
 - Understand clinical features diagnosis of Legionnaire's disease
- 4:30pm **Conference Adjourned**

Saturday
November 8, 2025 | 7:50AM TO 4:30PM

- 7:50am **Welcome & Introductions**
- 8:00am **Managing Lung Nodules**
Dominique Pepper, MD, PhD, MHSc
 - How do we identify and risk stratify lung nodules?
 - When do we refer for diagnostic evaluation?
 - How do we manage lung nodules?
- 9:00am **Updates in the Management of Multiple Myeloma**
Joseph Rosales, MD
 - Review presentation and workup of monoclonal gammopathy
 - Review diagnostic criteria and risk stratification of multiple myeloma
 - Review recent advances in treatment and management of multiple myeloma
- 10:00am **Break**
- 10:20am **Obstructive Sleep Apnea; You can do it!**
David Corley, MD
 - Clinical presentation and physiology
 - Diagnostic criteria for sleep apnea
 - Treatment and monitoring of sleep apnea
- 11:20am **Provider Well Being; It's Time to Talk About Burnout**
R. Chris King, MD
Deema Soufan, LMHC, LCPC,PMH-C
 - Understand the current state of burnout
 - Implications of burnout
 - Effectively addresssing the crisis
- 12:30pm **Lunch Break**
- 1:15pm **Surgical Options for Atrial Fibrillation Ablation**
R. Chris King, MD
 - Identifying AF
 - Determining Persistent AF
 - Ablation Options for persistent AF

- 2:15pm **Break**
- 2:30pm **Workup of Adnexal Masses**
Jennifer Wolf, MD
 - Recognize signs and symptoms of adnexal masses
 - Choose an appropriate workup including imaging and lab tests
 - Decide which cysts are safe to follow and how frequently to re-image
- 3:30pm **The Renaissance of Cytoreduction and HIPEC**
Nick Sich, MD, FACS, FSSO
 - Overview of Cytoreductive Surgery and HIPEC
 - Understand expanding indications for management of stage IV cancer
 - Future State/Horizons for previously inoperable patients
- 4:30pm **Conference Adjourned**

Early
Registration
Savings
by Oct. 10

Registration Information

 Register online at www.russocme.com or

 Complete and fax/email in the attached registration form

- **Early Registration** must be post marked by October 10, 2025
- **Regular Registration** must be post marked by October 29, 2025
- **Walk-in Registrations Welcome** addition \$20 fee.

All registrants will receive email confirmation. Final meeting details will be sent out 2-4 days prior to the meeting. If you have any questions, please email russocme@gmail.com.

Cancellations:

Cancellations: All cancellations need to be emailed to russocme@gmail.com by November 1. There will be a \$50 administration fee. Cancellations between November 2 & November 6, you can send someone in your place or transfer to another conference within 12 months. Course is planned to be recorded and accredited, option to view/attend recorded course later for no transfer fee. No refunds once the conference begins.

Registration Form

Olympic Peninsula Medical Conference
November 7 & 8, 2025

Please print legibly.

Receipts will be e-mailed.

Name: _____
 Degree: _____ Specialty: _____
 Address: _____
 City/State/Zip: _____
 Phone: _____
 E-mail: _____
 Clinic Name: _____
 Clinic City: _____

- Attending Live Stream on Zoom
- Accredited recording

Walk in or day of registration available. An Additional \$20 will be charged if post marked after Oct. 29.

| Regular Registration Due: Oct. 29, 2025 | | | |
|---|---------|-------|-------------------|
| Circle Selection | MD / DO | NP/PA | RN/Allied Health* |
| Complete Conference | \$430 | \$405 | \$280 |
| Friday Only | \$285 | \$255 | \$185 |
| Saturday Only | \$285 | \$255 | \$185 |

*PT, DC, OD, ND, residents

**Students \$75 a day

| Early Registration Due: Oct. 10, 2025 | | | |
|---------------------------------------|---------|-------|-------------------|
| Circle Selection | MD / DO | NP/PA | RN/Allied Health* |
| Complete Conference | \$415 | \$390 | \$265 |
| Friday Only | \$270 | \$240 | \$170 |
| Saturday Only | \$270 | \$240 | \$170 |

Please make checks payable to RussoCME
Mail completed form with your check to:

Melissa Neighbors
935 SE High St
Pullman, WA 99163