

Northwest Primary Care Medical Conference

December 3 & 4, 2021



ACCREDITATION

- This live activity is accredited for 15 AMA PRA Category 1 Credits™
- 15 MOC points for the ABIM MOC Program
- Application for prescribed credit has been filed with the American Academy of Family Physicians. Determination of credit is pending.
- Approved for a total of 6 NP Pharmacology hours (Fri: 3.5 / Sat: 2.5).
- Approved by Washington State Board of Pharmacy for 15 Pharmacist CE Hours.
- Washington State accepts AMA PRA Category 1 Credits for NPs & PAs.
- ANCC accepts these credits as equivalent credits for recertification.
- Credits will count towards RN & LPN CE Competency Compliance for Washington State.
- 15 CE contact hours for Washington State Nursing Commission.

QUESTIONS?

Please contact Melissa Neighbors

- Cell: (509) 431-0718
- Email: russocme@gmail.com

This live activity has been planned and implemented in accordance with the accreditation requirements and policies of the Colorado Medical Society through the joint providership of Gritman Medical Center and RussoCME. Gritman Medical Center is accredited by the Colorado Medical Society to provide continuing medical education for physicians. This educational activity is designated for a maximum of 15 AMA PRA Category 1 Credits.

Virginia Mason Franciscan Health Faculty Speakers

Christopher Baliga, MD

Board Certified: Infectious Disease

Allison Barrie, MD

Board Certified: Obstetrics and Gynecology

Erin Bauer, MD

Board Certified: Rheumatology

Amy Brockmeyer, MD

Board Certified: Obstetrics and Gynecology

Blaire Burman, MD

Board Certified: Gastroenterology

Christopher Fellows, MD, FACC, FHRS

Board Certified: Cardiology

Atul Gupta, MD

Board Certified: Physical Medicine and Rehabilitation

Derek Nathan, FACS, RPVI

Board Certified: General and Vascular Surgery

Katie Krause, MD, PhD

Board Eligible: Neurosurgery

Alvaro Lucioni, MD, FPMRS

Board Certified: American Board of Urology, Subspecialty certification in Female Pelvic Medicine and Reconstructive Surgery

Lucas McCarthy, MD

Board Certified: Neurology

Catherine Hooper Miele, MD

Board Certified: Pulmonary Medicine

Henry Pelto MD

Board Certified: Sports Medicine

Amir Sabzpoushan, MD

Board Certified: Sleep

David Swedler, DO

Board Certified: General Surgery

Robert Ryan, MD

Board Certified: Neurosurgery



Gritman
700 S Main St.
Moscow, ID 83843

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Early Registration Savings!
By November 5, 2021

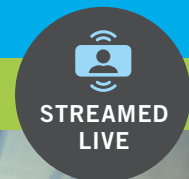
15 AMA PRA Category 1 Credits™



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 Virginia Mason
Franciscan Health™

Platinum Educational Supporter

Conference Schedule

December 3, 2021 | 7:50A.M. TO 5:30P.M.

- 7:50 A.M. **Introductions**
- 8:00 A.M. **Technology Integration in Neurosurgery: Examples from Stroke, Brain Tumor and Trigeminal Neuralgia**
Robert Ryan, MD
Discuss advances in mobile communication, imaging and AI that help make stroke interventions faster • Discuss advances in pre-operative and intra-operative imaging to make brain tumor surgery safer and more complete • Discuss imaging, treatment decision making and operative approaches for effective trigeminal neuralgia management
- 9:00 A.M. **Vascular Services During COVID**
Derek Nathan, MD, RPVI
What surgeries can wait • The natural history of waiting • The impact on future care
- 10:00 A.M. **Break**
- 10:20 A.M. **Management of Atrial Fibrillation in 2022**
Christopher Fellows, MD, FACC, FHRS
Understand the role of ablation • Recognize alternative strategies for management • Recognize the role of risk factor modification
- 11:20 A.M. **Bariatric Surgery 2021: Where Are We Now?**
David Swedler, DO
Identify candidates for surgery • Understand the differences between different bariatric procedures • Understand the benefits of weight loss surgery
- 12:20 P.M. **Lunch**
- 1:15 P.M. **Five Things You Should Know About Pelvic Organ Prolaps**
Alvaro Lucioni, MD, FPMRS
Describe the different types of prolapse • How to best evaluate prolapse • Understand the medical treatment options of prolapse
- 2:15 P.M. **Covid-19 Treatment Update**
Christopher Baliga, MD
Understand the recommended treatments for outpatients • Understand the recommended treatments for inpatients • Understand the role immunomodulators in treatment
- 3:15 P.M. **Break**



- 3:30 P.M. **Updates in Asthma**
Catherine Hooper-Miele, MD
Review NIH and GINA guidelines to maintenance therapy for asthma • Highlight recent changes to guidelines • Biologics and their use in asthma
- 4:30 P.M. **Rising Burden of Fatty Liver: Fat and Booze in the Time of COVID**
Blaire Burman, MD
Appreciate rising rates of fatty liver disease and how to recognize and screen • Understand how to diagnose, evaluate, and initiate management of fatty liver • Learn about how the COVID pandemic has impacted the burden of liver disease
- 5:30 P.M. **Conference Adjourned**

December 4, 2021 | 7:50A.M. TO 4:30P.M.

- 7:50 A.M. **Introductions**
- 8:00 A.M. **Rheumatoid Arthritis for the Primary Care Provider**
Erin Bauer, MD
Review epidemiology of rheumatoid arthritis • Discuss diagnosis and initial management of rheumatoid arthritis • Provide and overview of disease modifying antirheumatic drugs for rheumatoid arthritis
- 9:00 A.M. **Screening Guidelines and Genetics for Gynecologic Oncology**
Amy Brockmeyer MD; Allison Barrie, MD
Understand criteria for genetic counseling referral and risk reduction techniques for gynecologic cancers • Understand updated guidelines from ASCCP for management of abnormal pap • Understand screening/vaccination recommendations
- 10:00 A.M. **Break**
- 10:20 A.M. **A Practical Guide to the New Sports Physical (PPE v5)**
Henry Pelto, MD
Understand the key components of the Pre-Participation Physical Exam v5 • Describe the changes between PPE v4 and v5 • Understand the key questions in each history section that could limit sports participation
- 11:20 A.M. **Review of Spinal Pathologies Beyond the Radiculopathy**
Katie Krause, MD, PhD
Review of myelopathy • Review of spinal tumor and infection • Review of management strategies
- 12:20 P.M. **Lunch**

- 1:15 P.M. **Hot Topics in Neurology**
Lucas McCarthy, MD
Understand updates in migraine medications for acute and preventative management • Understand updates in multiple sclerosis management – limitations and future directions • Be able to describe updated diagnostic criteria for fibromyalgia and associations with other neurological disease
- 2:15 P.M. **Break**
- 2:30 P.M. **Insomnia and Obstructive Sleep Apnea**
Amir Sabzpoushan, MD
Screening for obstructive sleep apnea • Relationship between insomnia and obstructive sleep apnea • Treatment options
- 3:30 P.M. **Shoulder Injuries**
Atul Gupta, MD
Non operative care options for shoulder pain • Differential diagnosis for pain from the shoulder complex • Use of regenerative medicine techniques including platelet rich plasma and autologous cell products in shoulder pathologies
- 4:30 P.M. **Conference Ends**

Registration

-  Complete and mail the attached registration form or
-  Register online at russocme.com

**EARLY
REGISTRATION
SAVINGS!
BY NOV. 5**

- **Early Registration** must be postmarked by Nov. 5, 2021.
- **Regular Registration** must be postmarked by Nov. 24, 2021.
- **Day of registration available.** Additional \$20 for day of registration or postmarked after Nov. 24, 2021.

Once you register, you will receive a confirmation and a couple days before the meeting you will be emailed directions on how to join the meeting virtually. If you have any questions, please email russocme@gmail.com.

Cancellations: All cancellations need to be emailed to russocme@gmail.com before December 1, 2021. There will be a \$25 administration fee withheld. No refunds once the conference begins.

ADDITIONAL ONLINE CME CONFERENCES
Visit MorningCME.com

REGISTRATION FORM

Northwest Primary Care Medical Conference December 3 & 4, 2021

Please print legibly

NAME: _____

DEGREE: _____ SPECIALTY: _____

ADDRESS: _____

CITY/STATE/ZIP: _____

PHONE: _____

E-MAIL: _____

CLINIC NAME: _____

CLINIC CITY: _____

Early Registration Savings! Due Nov. 5

	MD/DO	NP/PA	RN/Allied Health*
Complete Conference	<input type="radio"/> \$390	<input type="radio"/> \$365	<input type="radio"/> \$240
Friday Only	<input type="radio"/> \$250	<input type="radio"/> \$220	<input type="radio"/> \$150
Saturday Only	<input type="radio"/> \$250	<input type="radio"/> \$220	<input type="radio"/> \$150

Regular Registration: Due Nov. 24

	MD/DO	NP/PA	RN/Allied Health*
Complete Conference	<input type="radio"/> \$405	<input type="radio"/> \$380	<input type="radio"/> \$255
Friday Only	<input type="radio"/> \$265	<input type="radio"/> \$235	<input type="radio"/> \$165
Saturday Only	<input type="radio"/> \$265	<input type="radio"/> \$235	<input type="radio"/> \$165

* PT, PharmD, DC, ND, Other

Students \$75 per day

Please make checks payable to RussoCME.

Mail completed form with your check to:
Melissa Neighbors
225 NW Thomas Street
Pullman, WA 99163

FOR OFFICIAL USE: Port Angeles 2021-96

CH: _____ A: _____ C: _____ O: _____