

Non Profit
US Postage Paid
Permit 307
Moscow, ID

Gritman
700 S Main St
Moscow, ID 83843

Columbia Basin Medical Conference

15 AMA PRA Category 1 Credits™
Continuing Medical Education

Columbia Basin Medical Conference

15 AMA PRA Category 1 Credits™
Continuing Medical Education

October 19 & 20, 2018
Moses Lake, WA

Regular Registration: October 10
www.RussoCME.com

Early Registration
Savings! Sept 21

Columbia Basin Medical Conference

October 19 & 20, 2018

Big Bend Community College
ATEC Building
7611 Bolling St, Moses Lake, WA

Accreditation

- ◆ This live activity is accredited for 15 AMA PRA Category 1 Credits™.*
- ◆ Application for prescribed credit has been filed with the American Academy of Family Physicians. Determination of credit is pending.
- ◆ Approved for a total of 7.5 NP Pharmacology hours. (Fri.-4 & Sat. - 3.5)
- ◆ Approved by Washington State Board of Pharmacy for 15 Pharmacist -CE Hours.
- ◆ Washington State accepts AMA PRA Category 1 Credits for NP's & PA's
- ◆ ANCC accepts these credits as equivalent credits for recertification.
- ◆ Credits will count towards RN & LPN CE Competency Compliance for Washington State.

Accommodations

Attendees are responsible for reserving rooms. The following prices have been quoted for conference attendees.

- ◆ Ramada Inn - \$93/night | 509-766-1000
- ◆ The Inn at Moses Lake \$93/night 509-766-7000

Questions

Accreditation Questions:
Diane Russo 509-989-9800 russocme1@gmail.com
Accreditation Questions:
Melissa Neighbors 509-431-0718 russocme@gmail.com

Faculty Speakers

Christopher Baliga, MD
Board Cert: Internal Medicine,
Infectious Diseases
Virginia Mason Medical Center
Seattle WA

Carolyn Blayney, NP
Program Manager Burns/Pediatrics
Harborview, UW
Seattle, WA

Mabel Bodell, MD
Board Cert: Internal Medicine
Nephrology, Transplant Nephrologist
Confluence Health/ Wenatchee
Valley Medical Center and Clinics
Wenatchee, WA

Bill Davies, BS, PAC
Sleep Specialist
Cashmere, WA

Steven Fowler, MD
Board Cert: PM & R
Confluence Health
Wenatchee, WA

Kathleen Horan, MD
Board Cert: Pulmonary Medicine
Virginia Mason
Seattle, WA

Jerry Huang, MD
Board Cert: Orthopaedic Surgery
University of Washington
Seattle, WA

Anne Larson, MD
Board Cert: Transplant Hepatology
NW Hepatology/ UW Medicine
Seattle, WA

Adam Mohmand, Borkowski, MD
Board Cert: Internal Medicine,
Cardiovascular Disease, Advanced
Heart Failure, Clinical Cardiac
Electrophysiology
Virginia Mason Heart
Seattle, WA

Shawn Needham, BS Pharm
Moses Lake Professional Pharmacy
Moses Lake, WA

Saul Ribellia, DC
Family Lifestyle Chiropractic
Moses Lake, WA

Justin Stahl, MD
Board Cert: Neurology
Virginia Mason
Seattle, WA

Mathew B. Rivara, MD
Board Cert: Internal Medicine &
Nephrology; Certified Hypertension
Specialist
Harborview Medical Center Kidney
& Hyper Tension Clinics
Seattle, WA

Keith Ulrick, DO
Board Cert: Otolaryngology
Confluence Health
Moses Lake, WA

Ron Weaver, BA
A Way Forward Pain
Management Program
CDA, ID

* This live activity has been planned and implemented in accordance with accreditation requirements and policies of the Idaho Medical Association through the joint providership of Gritman Medical Center and RussoCME. Gritman Medical Center is accredited by the Idaho Medical Association to provide Continuing Medical Education for physicians.

Online CME Courses

- ◆ Over 200 Accredited Courses Available
MorningCME.com

From Virginia Mason & UW Medicine



October 19, 2018

- 7:30AM Registration/Exhibits**
- 7:50AM Introduction**
- 8:00AM Back and Leg Pain - Causes, Work up, and Treatment | Steven Fowler, MD**
Discuss common causes of back and leg pain dysfunction • Discuss basic work-up of back and leg pain/dysfunction • Discuss treatment
- 9:00AM "Those Pains," 9 to 5 | Bill Davies, PAC**
Sleep: What is it? • Derivation to Dysregulation • Clinical Practice (bridges to better sleep and less pain)
- 10:00 AM Break/Exhibits**
- 10:20AM Non-alcoholic Steatohepatitis: NASH and NAFLD | Anne Larson, MD**
Vast spectrum of NASH and evaluate its different complications • Treatment • Patient management
- 11:20AM Evaluation & Management of Secondary Hypertension| Matthew B. Rivara, MD**
New clinical practice guidelines for hypertension management • Diagnosis/manage of major forms of secondary hypertension • Less common forms of secondary hypertension
- 12:20 PM Lunch Break/Exhibits**
- 1:15 PM Evaluation of Seizures | Justin Stahl, MD**
Develop a framework for how to think about seizures and epilepsy classification • Approach to the patient with a new seizure • Treatment options
- 2:15 PM PVCs & Ventricular Tachycardia Adam Mohmand-Borkowski, MD**
EGG diagnosis of ventricular arrhythmia • Diagnostic workup of PVCs and VT • Therapy for PVCs and VT- pharmacologic and catheter
- 3:15 PM Afternoon Break/Exhibits**
- 3:30 PM Pediatric Trauma | Carolyn Blayney, NP**
Children as trauma patients including an anatomical & physiologic differences • Primary management of trauma in children including fluids, medications and equipment • Injury patterns • Follow up and injury prevention
- 4:30 PM Decreasing Opioid Use by utilizing Chiropractic Care | Saul Ribellia, DC**
Chiropractic role in helping allopathic healthcare providers in managing patients' pain effectively • Techniques in managing pain • Importance of Integrated Medicine
- 5:30 PM Conference Adjourned**

October 20, 2018

- 7:30AM Registration/Exhibits**
- 7:50AM Introduction**
- 8:00AM Treating and Preventing Disease with Hormone Replacement Therapy Shawn Needham, BS Pharm**
What is a hormone & where are they produced • Symptoms presented with each hormone deficiency • How to recognize hormone related disease and dose hormones to prevent it
- 9:00AM Pain Management from a Patients Perspective | Ron Weaver, BA**
Pain management from the patient's perspective • Additional tools for providers on pain management • Motivate and inspire providers on helping those in chronic pain
- 10:00 AM Break/Exhibits**
- 10:20AM ENT Emergencies or Not? | Keith Ulnick DO**
Understand what would normally constitute an emergent/urgent referral to ENT • What ENT conditions can be handled by the primary care
- 11:20AM Just a Plane Ride Away: Zika, Dengue, & Chikungunya | Christopher Baliga, MD**
Epidemiology, clinical features, treatment and complications of MERS, Chikungunya, Dengue, and Zika • How to counsel someone going to an at risk area about these viruses • Current CDC recommendations for Zika
- 12:20 PM Lunch Break/Exhibits**
- 1:15 PM Current Treatment Options for Hand and Wrist Arthritis | Jerry Huang, MD**
Diagnosis and nonoperative management • Surgical treatment options • Surgical outcomes of implant arthroplasty in the hand and wrist
- 2:15 PM Afternoon Break/Exhibits**
- 3:15 PM Chronic Cough in the Aging Population Kathleen Horan, MD**
Workup for chronic cough • Identify specific issues with cough in the aging population • Evaluation and treatment of chronic cough
- 3:30 PM Chronic Kidney Disease | Mabel Bodell, MD**
Definition of CKD, causes and treatments • Role of PCP (primary care providers) in the diagnosis of patients with CKD • Role of PCP in the care of patients with CKD
- 4:30 PM Conference Ends**

Registration Information

-  **Complete and mail in the attached registration form or**
-  **Register online at www.russocme.com**

- **Early Registration** must be post marked by September 21
- **Regular Registration** must be post marked by October 10
- **Walk-in Registration** available. Additional \$20 for registration at door or postmarked after October 10.

Cancellations: All cancellations need to be emailed to Diane at russocme1@gmail.com on or before October 12th. There will be a \$50 administration fee withheld.

Cancellations between October 13th-October 18th: You can send someone in your place or transfer to another conference within 12 months with an added \$50 transfer fee. No refunds once course has begun.



UW Medicine



Registration Form

Columbia Basin Medical Conference

Please print legibly. Receipts will be e-mailed.

Name: _____

Degree: _____ Specialty: _____

Address: _____

City/State/Zip: _____

Phone: _____

E-mail: _____

Clinic Name: _____

Clinic City: _____

Walk in registration available. An Additional \$20 will be charged if post marked after Oct. 10, 2018.

Regular Registration Due: Oct. 10, 2018

Circle Selection	MD / DO	NP/PA	RN/Allied Health*
Complete Conference	\$405	\$380	\$255
Friday Only	\$265	\$235	\$165
Saturday Only	\$265	\$235	\$165

*OD, Pharmacist, ND, Other **Students \$70 a day

Early Registration Due: Sept. 21, 2018

Circle Selection	MD / DO	NP/PA	RN/Allied Health*
Complete Conference	\$390	\$365	\$240
Friday Only	\$250	\$220	\$150
Saturday Only	\$250	\$220	\$150

**Please make checks payable to RussoCME
Mail completed form with your check to:**

**Melissa Neighbors
225 NW Thomas Street
Pullman, WA 99163**

For Official Use - Moses Lake 2018 - 72

CH: _____ A: _____

C: _____ O: _____